

Athletic Trainer Continuing Professional Development (CPD)

1. Introduction

- Certified athletic trainers (AT) are responsible to their clients and other stakeholders. Therefore, Certified athletic trainers are required to commit to life-long learning to ensure their knowledge and skills are up-to-date in order to deliver service at the highest level.
- CPD refers to the continuous acquisition of knowledge, skills or experience which are closely relevant to the practice of athletic trainers. The scheme aims to help ATs in their pursuit of professional goals.

2. Overview

- The CPD cycle shall span over 3 years. Certified AT are required to accumulate 30 CPD points within one cycle
- A minimum of 5 CPD points for each year within the 3-year cycle.
- Certified ATs must clearly document their CPD activities using official record forms established by the HKATA (see **Appendix. I**)
- The HKATA holds the final decision on the CPD program annual renewal for Certified ATs
- In general, 1 CPD point is granted per 1 hour of participation

3. Categories of CPD

3.1. Post-graduate studies

- 3.1.1. Courses in academic institution leading to award of tertiary qualifications, e.g., doctorate, master, diploma or certificate course by a recognized academic institute
- 3.1.2. Formal assessment required for confirming "PASS" or "FAIL" either continuously or at the end of the course
- 3.1.3. Documentary proof is required
- 3.1.4. 1 CPD point per 1 contact/online hour of lecture/ tutorial/ workshop/ field work/ e-learning

3.2. Attendance at conference/ seminar/ lecture/ workshop

- 3.2.1. Events are directly related to athletic training. The content may focus on knowledge, skills or techniques which facilitate and contribute to the practice of AT
- 3.2.2. Only events which have been accredited and assigned a CPD Code are accepted for claiming CPD Points; other events are subject to review
- 3.2.3. Documentary proof is required

- 3.2.4. 1 CPD point per 1 contact/online hour of lecture/ tutorial/ workshop/ field work/ e-learning
- 3.3. Participation in educational activities
 - 3.3.1. Active participation as a trainer/ speaker to deliver lectures/ presentations/ in-service trainings
 - 3.3.2. Documentary proof is required
 - 3.3.3. 1 CPD point per 1 contact/online hour of lecture/ presentation/ discussion
- 3.4. Publication
 - 3.4.1. Publication in professional journal/textbook, with the presence of the proof e.g. copy of the professional journals / textbooks / articles so published
 - 3.4.2. Classification:
 - 3.4.2.1. Indexed journals:
 - 3.4.2.1.1. 1st , 2nd and corresponding author 30 CPD points for each author
 - 3.4.2.1.2. 3rd and the following authors Portion of 30 CPD points shared among the total number of the 3rd & others
 - 3.4.2.2. Conference papers/ posters 20 CPD points for each author
 - 3.4.2.3. ISBN publications and non-indexed journals 10 CPD points for each author
- 3.5. Self-study
 - 3.5.1. Self study in the form of journal/literature review together with write-up of review report of a minimum of 250 words (see **Appendix. II**)
 - 3.5.2. 1 CPD point for each report submitted

Appendix. I

Continuing Professional Development (CPD) Record Form

Review period: From _____ to _____

Date	Title of Programme/ Activity	CPD Category	CPD Points

Total CPD Points attained: _____

Name: _____

Registration No. : _____

Signature _____

Date: _____

Appendix. II

Continuing Professional Development (CPD) Self-study Record Form

Review period: From _____ to _____

Date of completion : _____

Title of journal / literature review : _____

Summary and reflection of the article in no less than 250 words

1) Summary of article

2) Reflection on self-study

Name: _____

Registration No. : _____

Signature _____

Date: _____